

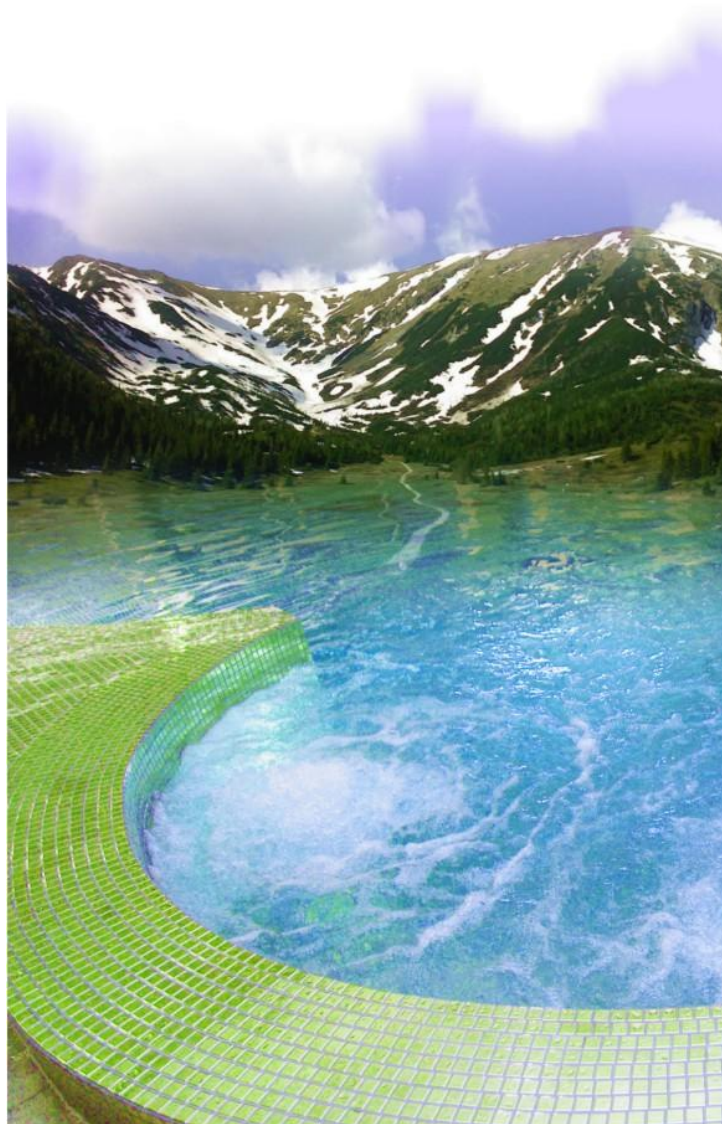


# SPA Marilor



*SPA în TATRAS...*

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**Price list 2010**

In search of relaxation, we offer stylish **Marilor SPA Centre**, and the gold swimming pool with hydro massages, steam sauna with aromatherapy, IR sauna with walls covered in Scandinavian spruce, jacuzzi chamber and salt cave made of salt blocks from Bochnia Salt Mine which is the oldest mine in Poland. Each of these places will provide many ways to relax and rest. Above all, our well-qualified team of masseurs and beauticians will help you enjoy the free time, explore the secrets of mind relaxation and body care.

**OPEN DAILY:**

SPA Centre- 8 a.m. – 22 p.m.  
SPA Treatments- 12 a.m. – 22 p.m.



Villa Marilor Hotel & SPA  
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[spamarilor@gmail.com](mailto:spamarilor@gmail.com)

**DIBI** is an Italian line of cosmetics based on the most-advanced biotechnology and clinical research supported by cosmetology. The whole range of products for face and body is supported by technologically advanced equipment, which enhances the condition of the skin and helps to deal with silhouette imperfections.

## *DIBI FACIAL TREATMENTS*

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<b>Skin Renew (1 day)</b>	140 pln
<i>MANUAL MICRODERMABRASION – EXFOLIATING OXYGEN SKIN TREATMENT</i>	
<b>Skin Renew (2 days)</b>	200 pln
<i>FIRST DAY- MANUAL MICRODERMABRASION – EXFOLIATING OXYGEN SKIN TREATMENT, SECOND DAY- COMBINED WITH DETOX AND LYMPHATIC DRAINAGE.</i>	
<b>Sensitive Skin Face</b>	260 pln
<i>NURTURING TREATMENT FOR DELICATE AND SENSITIVE SKIN, PROTECTING FROM POLLUTION</i>	
<b>Sensitive Skin Eyes</b>	190 pln
<i>SOOTHING EYE AREA TREATMENT</i>	
<b>Sensitive Skin Face &amp; Eyes</b>	370 pln
<i>SOOTHING TREATMENT FOR FACE AND EYES AREA, PROTECTING THE SKIN FROM POLLUTION</i>	
<b>Time Return</b>	290 pln
<i>INTENSIVE ANTI-WRINKLE TREATMENT</i>	
<b>Time Return Eyes</b>	190 pln
<i>INTENSIVE ANTI-WRINKLE TREATMENT FOR EYE AREA</i>	
<b>Age Repair</b>	370 pln
<i>FIRMING TREATMENT FOR MATURE SKIN</i>	
<b>Lifting</b>	320 pln
<i>CONTOUR SHAPING FACIAL TREATMENT</i>	
<b>Hydra System</b>	190 pln
<i>INTENSIVELY MOISTURIZING TREATMENT</i>	
<b>Hydra System Collagen</b>	370 pln
<i>INTENSIVELY MOISTURIZING TREATMENT WITH THE USE OF COLLAGEN PAD</i>	
<b>Hi-White</b>	370 pln
<i>ILLUMINATING TREATMENT ELIMINATING SKIN DISCOLOURATIONS</i>	
<b>Impure Skin</b>	290 pln
<i>MATTIFYING TREATMENT FOR OILY AND POLLUTED SKIN</i>	



## DIBI BODY TREATMENTS

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<b>Body Starter</b> <i>EXFOLIATING AND REGENERATING TREATMENT</i>	170 pln
<b>Body Lift</b> <i>TREATMENT IMPROVING THE SUPPLENESS OF SKIN</i>	310 pln
<b>Meso System</b> <i>INTENSIVE ANTICELLULITE TREATMENT</i>	200 pln
<b>Specyfic Zone Arms</b> <i>ARMS SHAPING TREATMENT</i>	150 pln
<b>Specyfic Zone Bust</b> <i>BREAST CONTOURING TREATMENT</i>	150 pln
<b>Specyfic Zone Weist</b> <i>WAIST SHAPING TREATMENT</i>	150 pln
<b>Professional Hands</b> <i>ILLUMINATING TREATMENT WITH STRONG ANTI-AGING INFLUENCE FOR HANDS SKIN</i>	60 pln



## TREATMENTS WITH SPA COSMETIC DEVICES

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<b>Exfoliating Ultrasound Facial Treatment</b> <i>PEELING WITH THE USE OF ULTRASOUND TECHNOLOGY</i>	50 pln
<b>Dibi Body Tonic</b> <i>TREATMENT OF THE IMPERFECTIONS CAUSED BY FATTY DEPOSITS, „ORANGE PEEL” AND LOSS OF MUSCULAR TONE</i>	350 pln
<b>Dibi Body Dren</b> <i>TREATMENT WHICH FIGHTS THE IMPERFECTIONS CAUSED BY CELLULITE, HELPING DRAINAGE OF EXCESS LIQUIDS AND REDUCING THE PRESENCE OF MICRO AND MACRO NODULES</i>	350 pln



**OLOS** holistic concept of cosmetics care is drawing its energy from natural sources. It is bliss for the body and senses. Treatments are based on natural products like pumpkin, marine plancton, sea algae, wild fruits and rice. During every La Culla treatment the traditional techniques of facial and body massage work together with music therapy, aromatherapy and colourtherapy.

## OLOS FACIAL TREATMENTS

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<b>Nutrymenti Frutti di Bosco</b>	200 pln
<i>SOOTHING TREATMENT BASED ON FOREST FRUIT, FOR DELICATE AND SENSITIVE SKIN</i>	
<b>Nutrymenti Nettare di Zucca</b>	220 pln
<i>NORMALISING AND MATTING TREATMENT BASED ON PUMPKIN, FOR COMBINATION SKIN</i>	
<b>Herbarium</b>	200 pln
<i>ANTI-AGING AND MOISTURISING TREATMENT FOR NORMAL AND DEHYDRATED SKIN</i>	
<b>Fitomarina</b>	200 pln
<i>MOISTURISING TREATMENT BASED ON SEA ALGAE, FOR DRY AND NORMAL SKIN</i>	
<b>Fitomarina with Algae Mask</b>	250 pln
<i>MOISTURISING TREATMENT BASED ON SEA ALGAE, FOR DEHYDRATED SKIN</i>	
<b>Fitomarina Eyes</b>	120 pln
<i>MOISTURISING TREATMENT FOR EYE AREA</i>	
<b>Algae Mask</b>	40 pln
<i>SOOTHING MASK AFTER CAVITATION PEELING OR MANUAL CLEANSING</i>	
<b>Puriderm</b>	170 pln
<i>NORMALISING AND CLEANSING TREATMENT FOR OILY AND PROBLEM SKIN</i>	
<b>Glyco Program</b>	250 pln
<i>DEEPLY REGENERATING, ANTI-OXIDANT TREATMENT BASED ON GLYCOLIC ACID AND VITAMINS A,E AND LYCOPENE EXTRACT</i>	
<b>Biostaminalia</b>	250 pln
<i>REJUENATING AND RESTORATIVE TREATMENT BASED ON APPLE STEM CELLS</i>	

## OLOS BODY TREATMENTS

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<b>Energia Bianca Feet SPA</b>	140 pln
<i>NOURISHING FEET TREATMENT BASED ON YOGHURT, MUESLI AND HONEY</i>	
<b>Energia Bianca Body and Feet</b>	300 pln
<i>TONING AND FIRMING TREATMENT BASED ON YOGHURT, MUESLI AND HONEY</i>	
<b>Nutrimenti Delizia di Riso</b>	300 pln
<i>BODY SHAPING AND SLIMMING TREATMENT BASED ON RICE</i>	
<b>Phytodren</b>	250 pln
<i>INTENSE DRAINAGE TREATMENT</i>	



**THALMER** beauty and well-being rituals inspired by thalassotherapy and thermal spas. Cosmetics based on natural marine substances like crystal clear thermal spring water, clay and mud packs with excellent beneficial properties. Variety of SPA programmes for face and body brings you endless regenerating experience perfect to regain energy and relax the mind.

## THALMER FACIAL TREATMENTS

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Anti-Age Treatment	300 pln
<i>ANTI-WRINKLE TREATMENT</i>	
Ozone Protection	250 pln
<i>MOISTURISING AND VITALISING TREATMENT, ENERGY FROM THE SEA</i>	

## THALMER BODY TREATMENTS

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Exfoliate	170 pln
<i>INTENSE EXFOLIATING TREATMENT, BASED ON SEA SALT AND SEAWEED</i>	
Oxygenate	280 pln
<i>OXYGENATING TREATMENT TO STIMULATE MICROCIRCULATION, GIVING THE EFFECT OF BETTER NUTRITION OF THE SKIN</i>	
Hydrate	300 pln
<i>HIGHLY MOISTURISING TREATMENT ON THE BASIS OF MARINE PLANKTON AND ALGAE CHLORELLA VULGARIS</i>	
Reduce	300 pln
<i>FAT REDUCING TREATMENT BY WARM MARINE ALGAE MOUSSE</i>	

## SPIRIT OF THE VOLCANO- **ONLY FOR MEN**

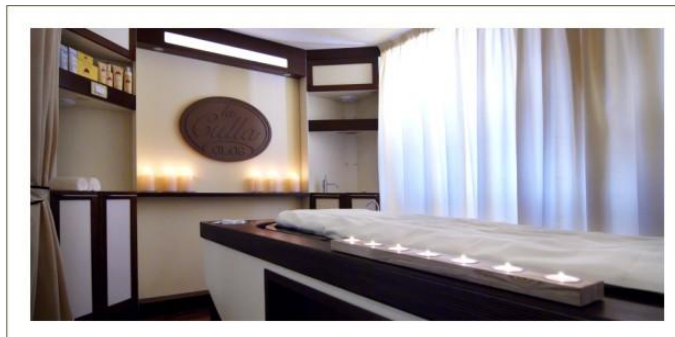
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Facial treatment – Territoria Anima di Vulcano	220 pln
<i>MINERALISING TREATMENT WITH THE USE OF VOLCANIC STONES FOR STRESSED SKIN</i>	
Body treatment – THALMER thalasso spa	250 pln
<i>REMINERALISING TREATMENT FOR TIRED AND DRY SKIN, DERIVING ITS ENERGY FROM THE DEPTHS OF THE SEA</i>	



**La culla** is a place beyond time, where body, mind and soul become one in a new holistic dimension.

The treatment in the la culla place is not only care, but a ritual for all the senses, where scent, light and sounds of music are connected in a cloud of beneficial hot steam and let you enjoy every moment of your stay.



## HOLISTIC RITUALS LA CULLA

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### The Multisensory Well-Being Ritual

590 pln

RELAXING AND DEEPLY NOURISHING TREATMENT FOR FACE AND BODY

### ELEMENTS OF THE WORLD

RITUAL CARE OF FACIAL, BODY, HAND AND FOOT SKIN, COMPLEMENTED BY MASSAGE

#### Air- regenerating ritual

420 pln

DERIVES ITS STRENGTH FROM THE FLOWER BUDS

#### Fire- cleansing ritual

420 pln

IT USES ACIDIC EXTRACTS FROM FRUITS

#### Water- moisturising ritual

420 pln

BASED ON ALGAE AND SEA PLANKTON

#### Ground- soothing ritual

420 pln

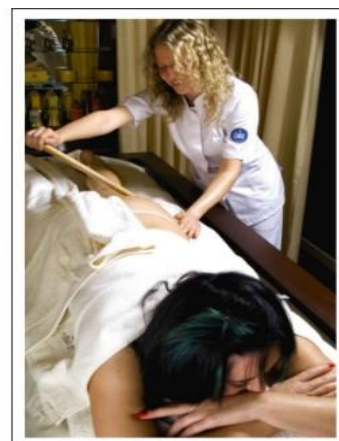
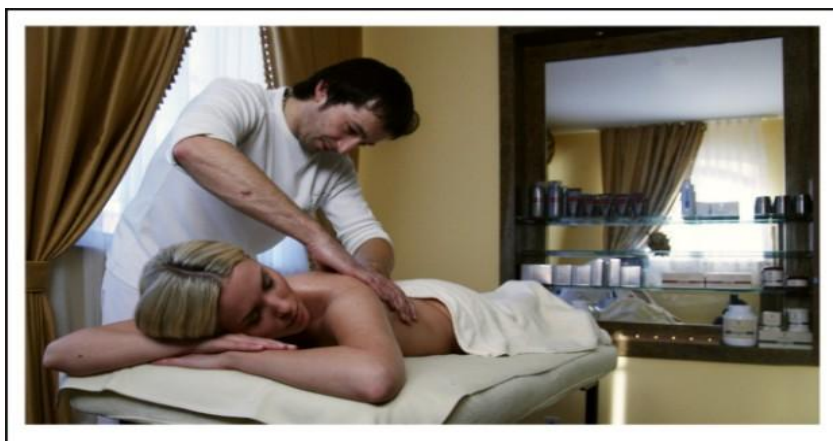
DRAWS ITS ENERGY FROM FRUITS OF THE FOREST



## FULL BODY MASSAGES

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Classic (OIL)	140 pln
Classic (CREAM)	170 pln
Aromatherapeutic (OIL)	160 pln
Bodywork (OIL)	160 pln
Bodywork (CREAM)	190 pln
Lymphatic drainage (OIL)	180 pln
Bamboo (OIL)	200 pln
Pregnancy massage (CREAM)	200 pln
Relaxing (OIL)	180 pln
Relaxing (CREAM)	220 pln
Sports (OIL)	180 pln
Hot Stones (OIL)	250 pln
Polinesians massage (OIL)	250 pln



## PARTIAL BODY MASSAGES

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Head	50 pln
Face (CREAM)	80 pln
Foot (OIL)	80 pln
Classic (OIL)	80 pln
Anti-cellulite (WITH CUPPING RUBBER)	80 pln
Sports (OIL)	100 pln





**TOŁPA Professional** brand philosophy is based on modern forms of traditional healing mud and peat properties with deep regeneration. Mud treatments will provide not only spectacular effects but will also help you to find true harmony of mind and body.

## MUD BODY RENEVAL

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Mud peeling	120 pln
<i>A COMPLETE BODY EXFOLIATION DRAWS OUT IMPURITIES AND IMPROVES CIRCULATION</i>	
Anti-cellulite treatment	250 pln
<i>SLIMMING AND BODY SHAPING TREATMENT</i>	
Firming treatment	250 pln
<i>PERFECT PREVENTION AGAINST FORMATION OF STRETCH-MARKS, TIGHTS THE SKIN</i>	
Mud hands	40 pln
<i>THE EFFECT OF VELVET HANDS IS PROVIDED REGENERATIVE COMPONENTS OF MUD</i>	
Mud feet	40 pln
<i>THE TREATMENT GIVES A LIGHTNESS AND REJUVENATES FEET</i>	

## BIOLOGICAL REGENERATION

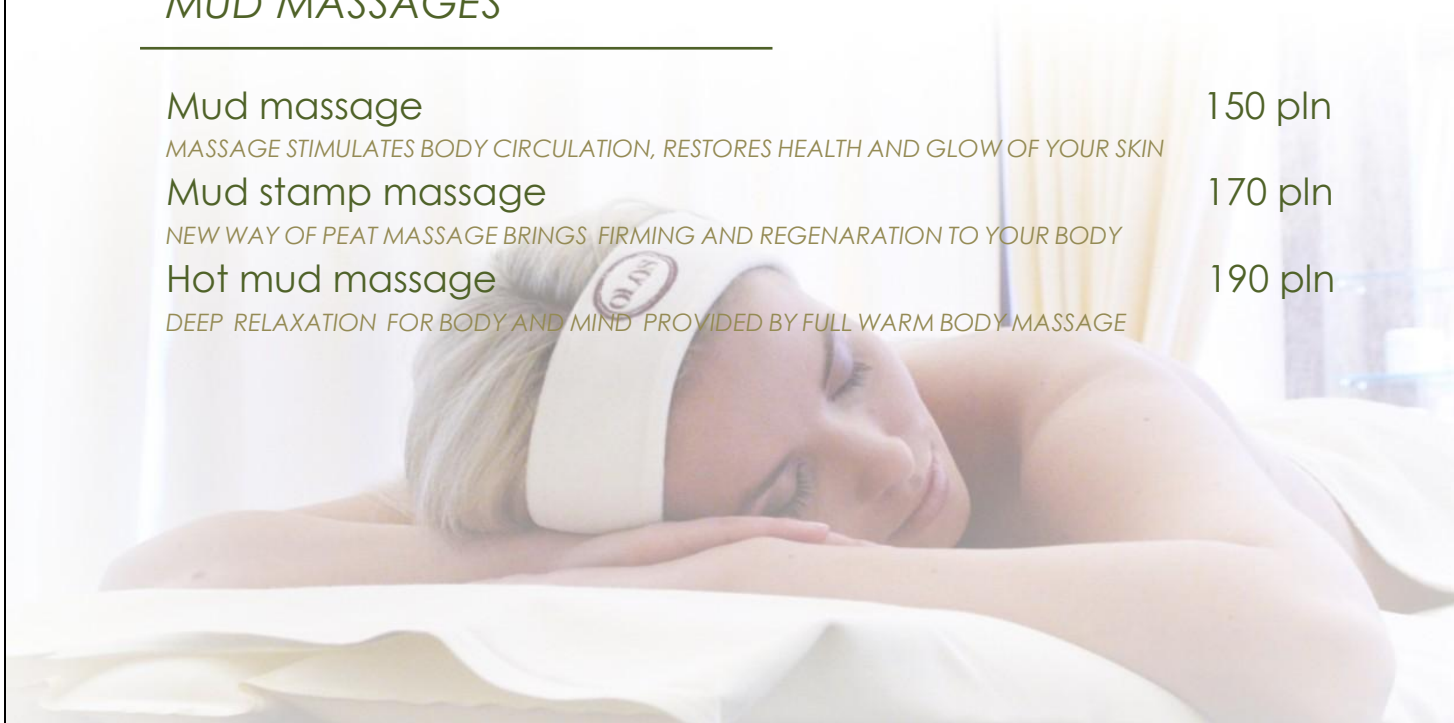
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Treatment against overworking	220 pln
<i>TREATMENT COUNTERACTS BODY OVERWORKING CAUSES BY INTENSIVE EXERCISES</i>	
Treatment against tiredness	220 pln
<i>TREATMENT IS A DEEP RELIEF FOR NERVOUS TENSION, IN ADDITION IT REGENERATES WHOLE BODY</i>	
Treatment against weakness	220 pln
<i>INCREASES VITAL FORCE , IMPROVES CONCENTRATION BY WARMING UP YOUR BODY</i>	

## MUD MASSAGES

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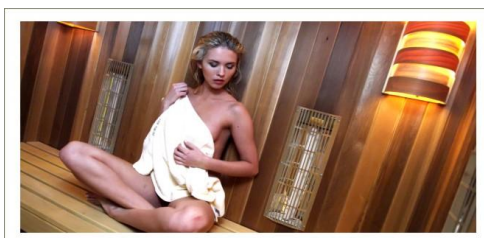
Mud massage	150 pln
<i>MASSAGE STIMULATES BODY CIRCULATION, RESTORES HEALTH AND GLOW OF YOUR SKIN</i>	
Mud stamp massage	170 pln
<i>NEW WAY OF PEAT MASSAGE BRINGS FIRMING AND REGENARATION TO YOUR BODY</i>	
Hot mud massage	190 pln
<i>DEEP RELAXATION FOR BODY AND MIND PROVIDED BY FULL WARM BODY MASSAGE</i>	



## OTHER TREATMENTS

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Eyelash tint	20 pln
Eyebrow tint	20 pln
Eyebrow shaping	20 pln
Eyelash and eyebrow tint and shaping	50 pln
Hair waxing- lower legs	60 pln
Hair waxing- upper legs	70 pln
Hair waxing- full legs	110 pln
Hair waxing- bikini	50 pln
Hair waxing- armpit	40 pln
Hair waxing- arms	50 pln
Hair waxing- upper lip	20 pln
Hair waxing- chest	50 pln
Hair waxing- back	60 pln
Manual cleansing (in addition to the treatment)	50 pln
Ears candling	80 pln



Swimming pool (hotel Guests only)	free
Sauna and Salt Cave (hotel Guests only)	40 pln
Marilor SPA Centre	60 pln
Sunbed	1 min. / 2 pln
Jacuzzi	55 min. / 20 pln
Swimming course	1 hour / 60 pln
Tennis court	1 hour / 30 pln
Mountain bike rental	1 hour / 30 pln



## TICKETS IN MARILOR SPA

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### SALT CAVE:

- one session in a salt cave (1 hour) : 20 pln
- ticket for five sessions in a salt cave (5x 1 hour) : 90 pln
- ticket for ten sessions (10x 1 hour) : 160 pln

### SPA CENTRE: (swimming pool, sauna IR, steam room, salt cave)

Entry + disposable slippers + towel and sauna sheet rental.

the entry includes 3 hours of using the spa centre.

- one-time entry (3 hours) : 60 pln
- ticket for five entries (5x 3 hours) : 270 pln
- ticket for ten entries (10x 3 hours) : 480 pln

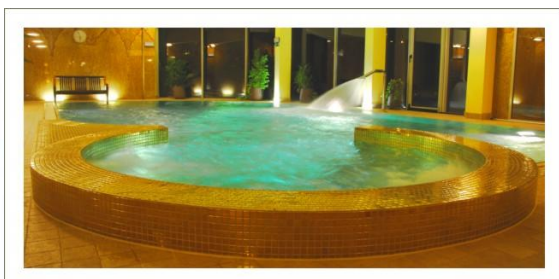
### SWIMMING LESSONS:

- swimming lesson (1 hour) : 60 pln
- ticket for five lessons (5x 1 hour) : 270 pln
- ticket for ten lessons (10x 1 hour) : 480 pln

### SPA CENTRE: (swimming pool, sauna IR, steam room, salt cave)

For people using other Villa Marilor hotel services at a certain time.

- one-time entry : 40 pln
- ticket for five entries : 180 pln
- ticket for ten entries : 320 pln



### SPECIAL OFFER:

Individuals with a combined purchase of services in SPA Marilor exceeding 129 pln, may use the SPA Centre on that day for free.

